

## Health and Wellbeing projects and activities FUNDING APPLICATION

### 1. Applicant:

Name	
Organisation	Trowbridge Town Council
Address	St Stephen's Place, Trowbridge, BA14 8AH
Phone number	01225 765072
Email address	

### 2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	X
Over £5000 (please note – our grants will not normally exceed £5000)	

### 3. Are you applying on behalf of a Parish Council?

Yes	
No	X

### 4. If yes, please state why this project cannot be funded from the Parish Precept?

### 5. Project title?

### 6. Project summary: (100 words maximum)

We would like to apply for the initial 6 months start up funding for our walking sports project, it's aimed to engage all members of the community to participate in sport. It is accessible to all regardless of their level of previous regular physical activity. Participation in walking sports supports mental well being, helps those at risk of social isolation to meet new people and participate within their community. We wish to launch walking Rugby, Hockey and Tennis to be based on the new town facilities in Trowbridge Park. The facilities are central to three areas of deprivation and will provide a central link for all the local wards. Walking Hockey is currently only being delivered at the community campus in Corsham and walking rugby in Salisbury.

**7. Which Area Board are you applying to?**

Trow bridge

**8. What is the Post Code of the place where your project is taking place?**

BA14 8AH

**9. Please tell us which themes best describe your project:**

<input type="checkbox"/> Intergenerational projects	<input type="checkbox"/> Heritage, history and architecture
<input checked="" type="checkbox"/> Older People Support/Activities	<input checked="" type="checkbox"/> Inclusion, diversity and community spirit
<input type="checkbox"/> Carers Support/Activities	<input type="checkbox"/> Environment, recycling and green initiatives
<input checked="" type="checkbox"/> Promoting physical and mental wellbeing	<input checked="" type="checkbox"/> Sport, play and recreation
<input checked="" type="checkbox"/> Combating social isolation	<input type="checkbox"/> Transport
<input checked="" type="checkbox"/> Promoting cohesive/resilient communities	<input type="checkbox"/> Technology & Digital literacy
<input type="checkbox"/> Arts, crafts and culture	<input type="checkbox"/> Other
<input type="checkbox"/> Safer communities	

If Other (please specify)

**10. About your project**

**Please tell us about your project (a strong application will address all of the following):**

How does your project support local needs and priorities?

The development of walking sports will help to engage people of all ages. There is proven benefits of the partici  
Walking sports are designed to engage people of all ages. The application of these sports have provided prove  
There are also social benefits as stated by England Netball, Walking sports help participants "meet new people,

How many older people/carers to do you expect to benefit from your project?

Each session will have the opportunity for 20 participants with 4 sessions due to be scheduled across the work

How will you encourage volunteering and community involvement?

As the sports development team at Trowbridge Town Council the set up for us is very different as all our sessions

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

We will ensure the project is accessible to all via its central location within the main Trowbridge town park. The courts central location next to the free multi storey car park ensures participants are not hampered from parking. The cost for taking part will be affordable £3 and will operate on a play and pay basis, with no required longer term

How will you work with other community partners?

It will compliment existing walking sports programmes that take place at weekend, run by Wiltshire Council, engage local community groups such as the multi-faith forum and Trowbridge community guild to promote and encourage. We would promote the service to local charities to whom it may be of interest such as Alzheimer's Support, as well. We will build on our relationship with Tesco to develop the social side of the walking sports programme, seeking support. In addition to this we would look to source a venue either the civic centre or the park club to hold regular social events.

## 11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

All Trow bridge Town Council coaching staff hold enhanced adult and child DBS'. They also adhere to the Town Council employees also sign the declaration by association and are fully aware of their responsibilities in regard to safeguarding. All staff are aware of the town council's safeguarding lead (Hayley Bell) and undertaking refresher training for safeguarding. Most staff have also dementia friend training and those that are not who may be participating in the walking group.

## 12. Monitoring your project.

How will you know if your project has been successful? \*required field

We would monitor the project through a series of feedback forms, recording KPIs, referrals, testimonials and feedback. Testimonials are a great way of having feedback.

" I find it great fun, at 77 years I never thought I'd play hockey again but this gives me a chance to do so. Hvala"

## 13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

Trow bridge Town Council will provide this as core funding.

## 14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost

N/A

## 15. Finance:



				<input type="checkbox"/>
Total	3854	Total	180	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? \*required field

- Yes  
 No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) \*required field, if Yes to Q11.

## 18. DECLARATION

**Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):**

### Quotes:

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

### Project/Business Plan:

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

### Accounts:

- I will make available on request the organisation's **latest accounts**

### Constitution:

- I will make available on request the organisation's Constitution/Terms of Reference etc.

### Policies and procedures:

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

**Other supporting information (Tick where appropriate, for some project these will not be applicable):**

- I will make available on request evidence of ownership of buildings/land  
 I will make available on request the relevant planning permission for the project.

I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

**And finally...**

I confirm that the information on this form is correct, any award received will be spent on the activities specified.